

**East Shore YMCA  
701 North Front Street  
Harrisburg, PA 17102  
232-9622**



**Please dress in comfortable workout clothes and bring water!**

**Coming from Hershey**

US – 322 West toward Harrisburg

Merge onto I-83 South

Exit Capitol / 2<sup>nd</sup> Street

Stay Straight onto 2<sup>nd</sup> Street

You will go several blocks down 2<sup>nd</sup> Street.

Once you cross over State Street the Harrisburg East Shore YMCA will be coming up on your left.

\*After 5pm meters are free! You can park on the street.

Or continue on 2<sup>nd</sup> Street, cross over Forster

Make a left onto Boas Street

Make a left onto Front Street \* Stay in the left lane!

Left on to Forster

First driveway on the right is Millers Insurance Parking lot \*Parking is permitted!

East Shore YMCA is next door.

**Coming from Mechanicsburg**

581 East Harrisburg Expressway

US-11 North US-12 North

Take the Harvey Taylor Bridge Bypass

Go over the Harvey Taylor Bridge

At the end of the bridge go straight

\*light you cross over Front Street

Turn first right at the Millers Insurance parking lot!

East Shore YMCA is next door.