

Directions:

Coming from the north towards Harrisburg: follow US-11 S/US-15 S toward Harrisburg; merge onto US-22 E toward Harrisburg; merge onto US-22 E toward Harrisburg; US-22 E becomes PA-230 E. Turn left onto Paxton ST. Turn right onto S 13th ST. Merge onto I-83 S toward York. Keep left to take PA-581 W/HARRISBURG EXPY via EXIT 41A toward CAMP HILL/GETTYSBURG. Merge onto S 32ND ST/US-11 N/US-15 N via Exit 5A toward CAMP HILL. Turn left onto Trindle RD/PA-641. 3301 Trindle RD will be on the left.

From Lancaster: Take I-283 W toward Harrisburg. Merge onto I-283 N toward I-81/I-83/HARRISBURG. Follow signs for I-83 S via exit 3A on the left toward Harrisburg. Keep left to take PA-581 W/HARRISBURG EXPY via exit 41A toward CAMP HILL/GETTYSBURG. Merge onto S 32nd ST/US-11 N/US-15 N via exit 5A toward CAMP HILL. Turn left onto TRINDLE RD/PA -641. 3301 TRINDLE RD will be on the left.

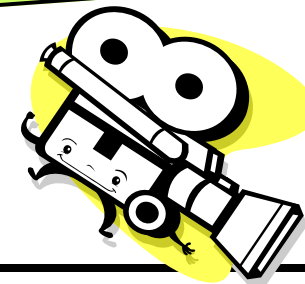
From Reading: Take US-222 S toward Lancaster/Lebanon. Take exit for I-76/PA TURNPIKE/PA-272/DENVER. Make left onto Colonel Howard BLVD/SPUR RD. (Colonel Howard Blvd/Spur RD turns into Reading Interchange). Merge onto I-76 W/Pennsylvania Turnpike via ramp on the left toward Harrisburg/Exits 20-1. Merge onto I-83 N via Exit 242 (HARRISBURG/NEWCUMBERLAND). Merge onto PA-581 W/HARRISBURG EXPY via Exit 41A on the left toward I-81 S /CAMP HILL.. Merge onto S 32ND ST/US-11 N/US-15 N via Exit 5A toward Camp Hill. Turn left onto Trindle RD/PA-641. 3301 Trindle RD will be on the left.



Not a CPDA member yet? Or know someone that might be interested in joining CPDA?

CPDA membership meetings are great way to earn CPEs and network with other RDs and make new friends. Please visit our website for a member application. www.eatrightcpda.org

**Central Pennsylvania
Dietetic Association
Spring Membership
Meeting**



**MEMBER SPOTLIGHT:
CLINICAL
NUTRITION UPDATE**

Giant Foods

Community Center

(second floor)

3301 Trindle Road

Camp Hill, PA. 17011

April 16, 2010

Overview

Join us as we explore what's new in the field of clinical nutrition for specific diseases and appropriate nutrition interventions to enhance our skills.

Objectives

- Identify kidney functions and roles in homeostasis.
- Understand the etiology and stages of chronic kidney disease.
- Compare chronic kidney disease treatments and their relationships to nutritional needs.
- Evaluate and apply appropriate nutrition intervention in chronic kidney disease.
- Apply current research to improve nutrition support practice.
- Implement appropriate nutrition therapy in the critically ill adult population.
- Evaluate nutrition therapy intervention.
- Categorize different types of bariatric surgery into restrictive/malabsorptive/ and combination procedures.
- Discuss the transition of foods following a bariatric surgery.
- Discuss the Vitamin and mineral needs of a post-op bariatric patient.
- List the basic recommendations for post-op blood work following bariatric surgery.
- Assess nutritional adequacy of a pregnant post op bariatric surgery patient's intake.
- Provide an overview of Landis Homes Pressure Ulcer Program.
- Identify the purpose and considerations of developing a standardized terminology to reflect the Nutrition Care Process.

PROGRAM

8:15-9:00 am Registration /Continental Breakfast

9:00-9:15 am Welcome and Opening Remarks

9:15-10:15 am "Kidneys Ain't Just Beans: Nutrition and Other Ingredients in the Kidney Disease Recipe

Jill M. Miller, RD, LDN Renal Dietitian
WellSpan Health-Dialysis, York
LNC 3010, 3060, 5020, 5340, 2100

10:15-10:30 am Stretch Break

10:30-11:30 am "Case Study: Applications of Nutrition Support Guidelines in the Critically Ill Adult

Janine Z. Mundorff, MS, RD, LDN, CNSC
Nutrition Support Dietitian, WellSpan Health-York Hospital
LNC 3010, 3060, 5010, 5090, 5170, 5390, 5440

11:30-11:45 am Additional CPDA announcements

11:45 am-12:30 pm Lunch

12:30-1:30 pm "Bariatric Surgery Survival Skills for Dietitians"

Janelle McLeod, RD, LDN
Coordinator Penn State Surgical Weight Loss Program,
Penn State Hershey Medical Center, Hershey
LNC 3010, 3060, 5020, 5090, 5010, 5310, 5370, 5460

1:30-2:30 pm "The Role of Nutrition in Pressure Ulcer Prevention: Nutrition Care Process/FTag 325

Margarita M. Kosko, MS, RD, LDN
Clinical Dietitian and Manager of Dining Services-Landis Homes, Lititz
LNC 3010, 3090, 5040, 5010, 5380, 5390

2:30-2:45 pm Closing remarks/Evaluations

2:45-3:45 pm CPDA Board Meeting-open to all

Registration

Please Print

Name: _____

Address: _____

Telephone Number: _____

E-mail Address: _____

Please check all that apply:

RD DTR Student

CPDA member for 2009-2010

Not a CPDA member

Other

Special Dietary Concerns: _____

Cost includes materials, refreshments, and lunch. Approval from the Commission on Dietetics Registration (CDR) for 4.0 CPE credits is pending.

Fee:

*Student (CPDA member): \$10

*CPDA member: \$30

Not a CPDA member: \$55

* Must be a CPDA member to receive the discount

Registration deadline: April 9, 2010

Please mail registration form and check payable to "CPDA " to:

Frances A. Hadley, RD, LDN, CDE
Chair, Professional Issues, CPDA
7 Blackberry Lane
Ephrata, PA. 17522